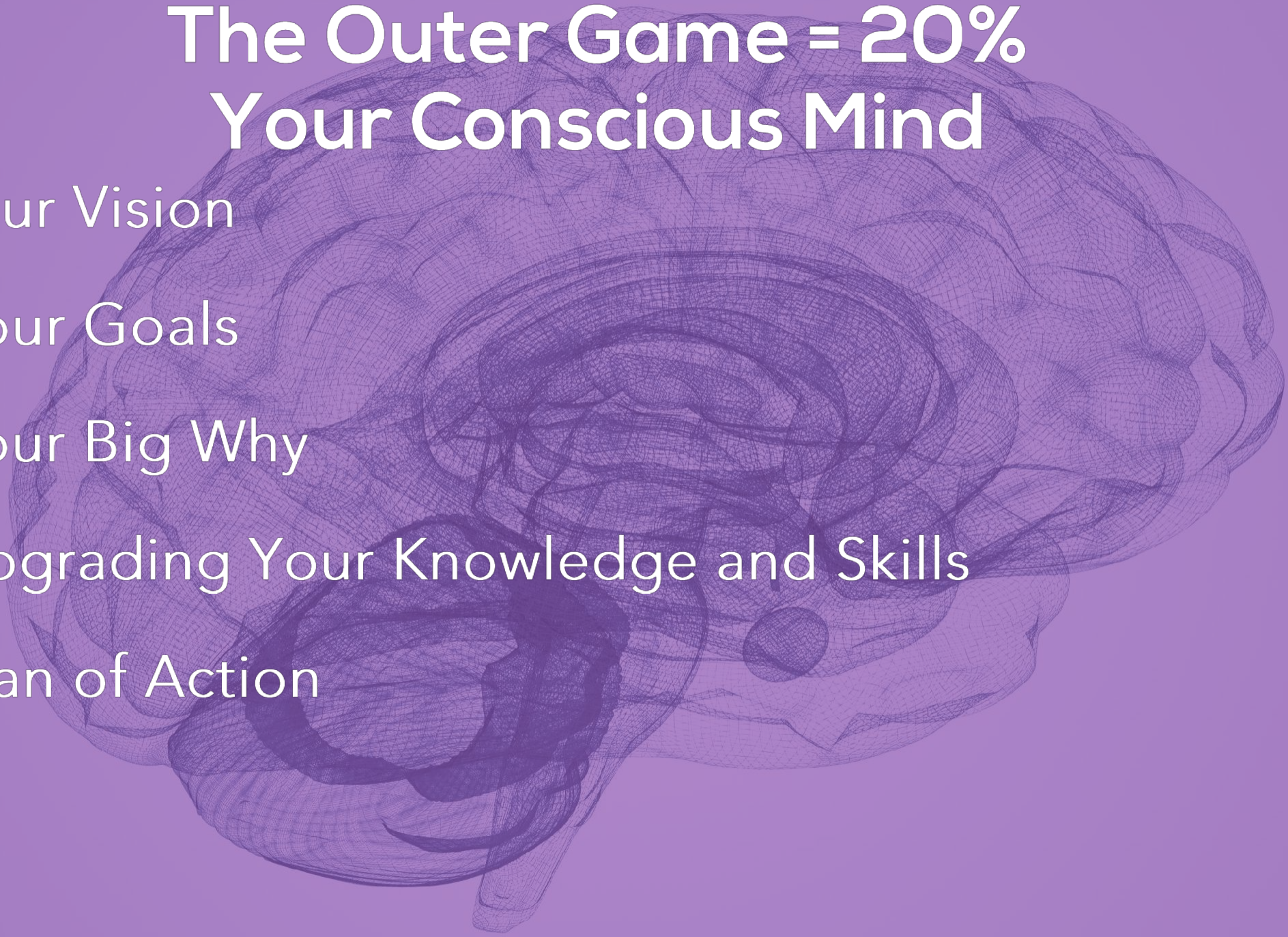


# FROM VISION TO REALITY

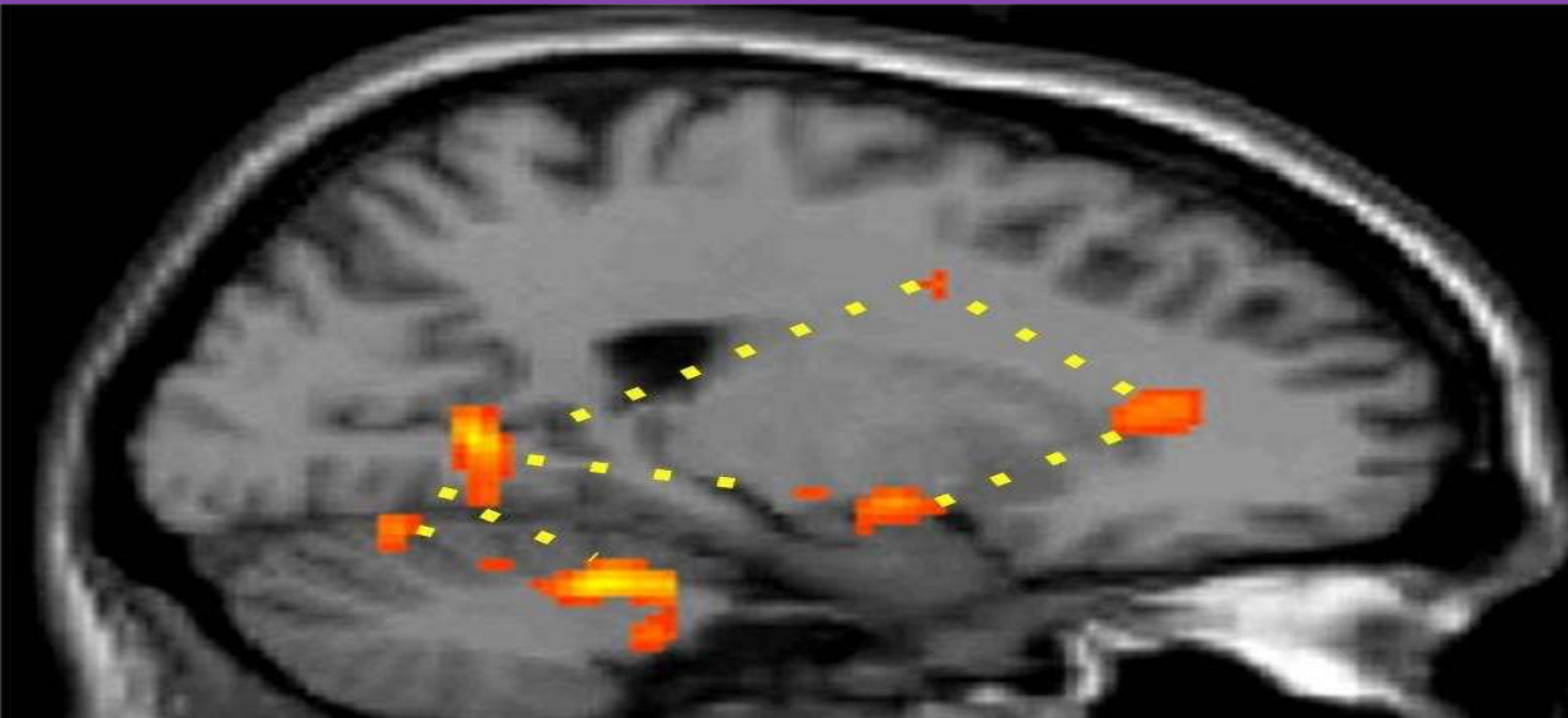
Aneta Natova, LeadFit Global

# The Outer Game = 20%
# Your Conscious Mind



- Your Vision
- Your Goals
- Your Big Why
- Upgrading Your Knowledge and Skills
- Plan of Action

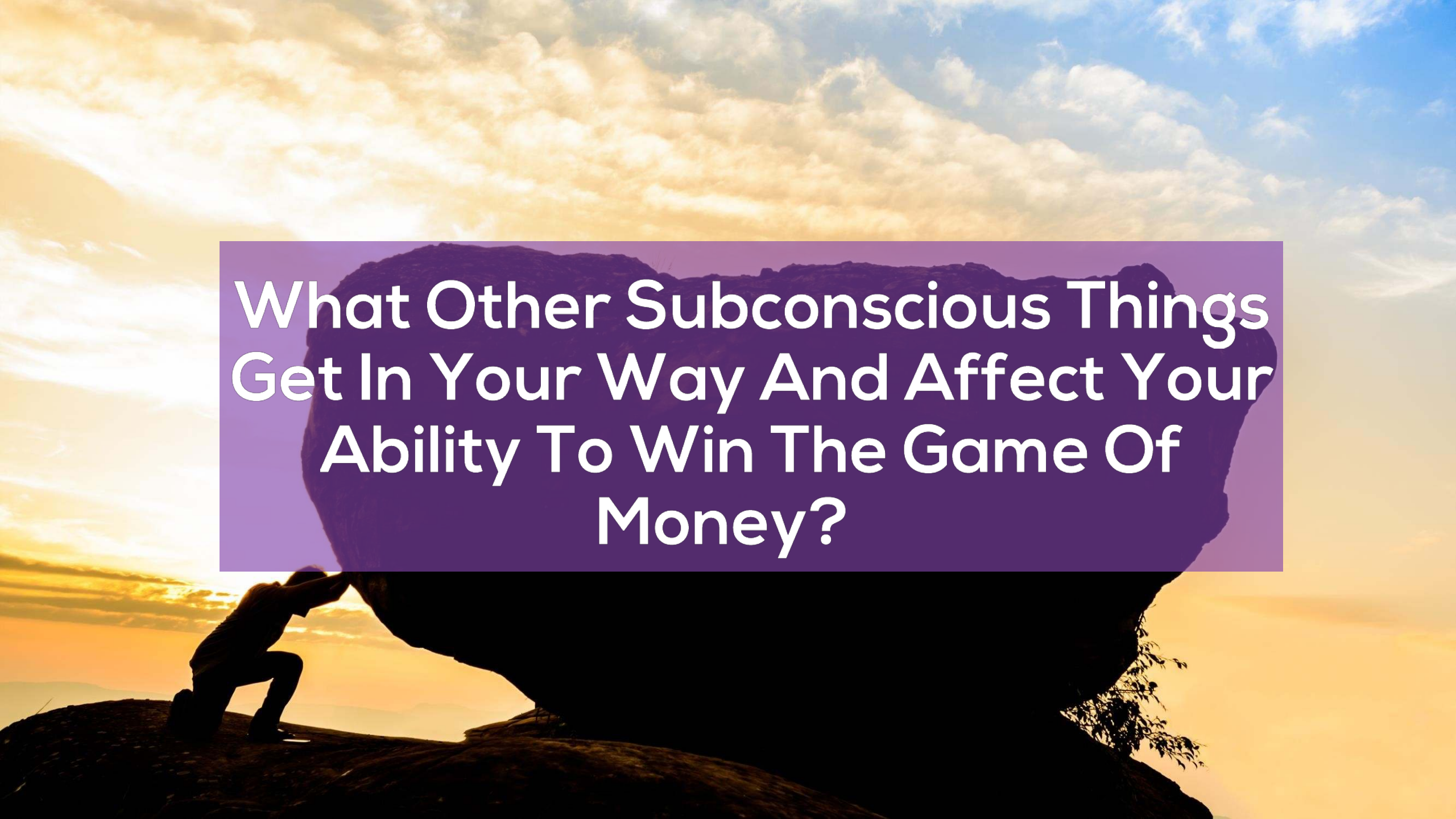
# The Fear-Stress Circuit Gets Activated



# Subconscious Reaction Is... Fear Circuit Activation

1. Flight - You go do something else
2. Freeze - You Waste Time and Procrastinate
3. Fight - You try to power your way through it and fight yourself
4. Faint - You lose conscious power

You take your foot of the gas and put your foot on the brakes!


What Other Subconscious Things Get In Your Way And Affect Your Ability To Win The Game Of Money?

# Self-Esteem and Self-Worth

- I don't deserve to earn a lot of money
- I'm not smart enough to earn more
- I'm not worthy of the financial success I want
- I'm nothing special
- I'm not good enough
- I'm too old or too young
- I'm too shy or introverted

# Disempowering Beliefs

- I don't have the skills/know-how
- If I open up about what I want, I'll be laughed at
- I'm too old to start something new
- I'm not lucky like other people
- It's too late for me to achieve $$$ success
- I'm not destined to have money
- I don't have enough money
- It's selfish to put my own needs before those of my family and friends

# Disempowering Habits

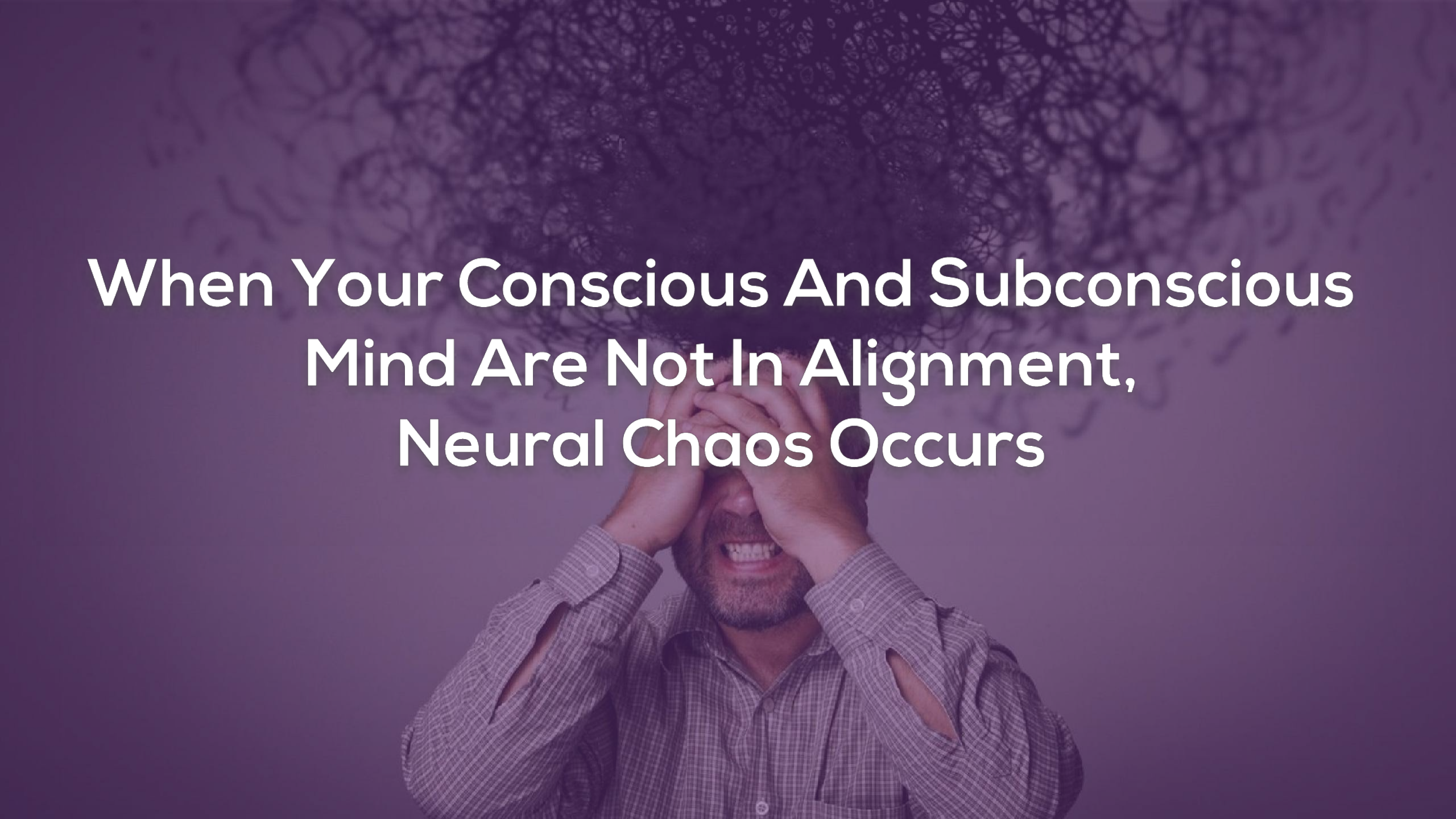
- Poor time management habits
- Starting and not completing things
- Trying to get it perfect vs getting it done
- Being unfocused
- Lack of organization
- Easily distracted
- Taking on too many things- trivial many vs critical few
- Doing it all yourself

# Your Stories and Excuses

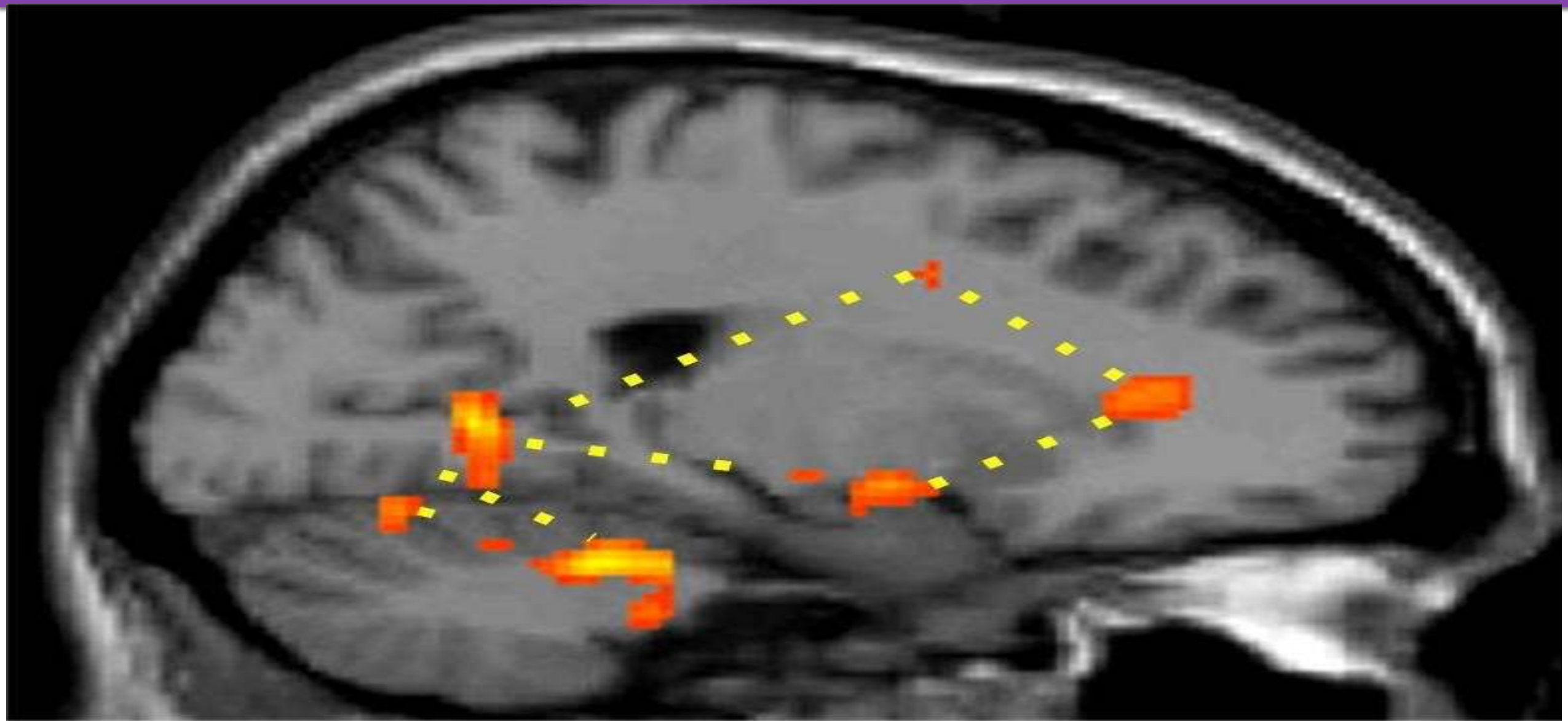
- I don’t have the right tools/resources
- I don’t have enough time
- I don’t have any ideas/visions
- I should be further along in life
- People don’t understand me
- No one will help me

# The Most Common Fears

- Fear of failure
- Fear of succeeding
- Fear of being embarrassed
- Fear of being judged
- Fear of being ridiculed
- Fear of being making mistakes
- Fear of being not being smart enough
- Fear of being not being good enough
- Fear of being a fraud
- Fear of what others think
- Fear of not having enough to retire
- Fear of always struggling
- Fear of loss
- Fear of the unknown
- Fear of looking bad
- Fear of confirming my insecurities
- Fear of disappointing myself or my family


When Your Conscious And Subconscious
Mind Are Not In Alignment,
Neural Chaos Occurs

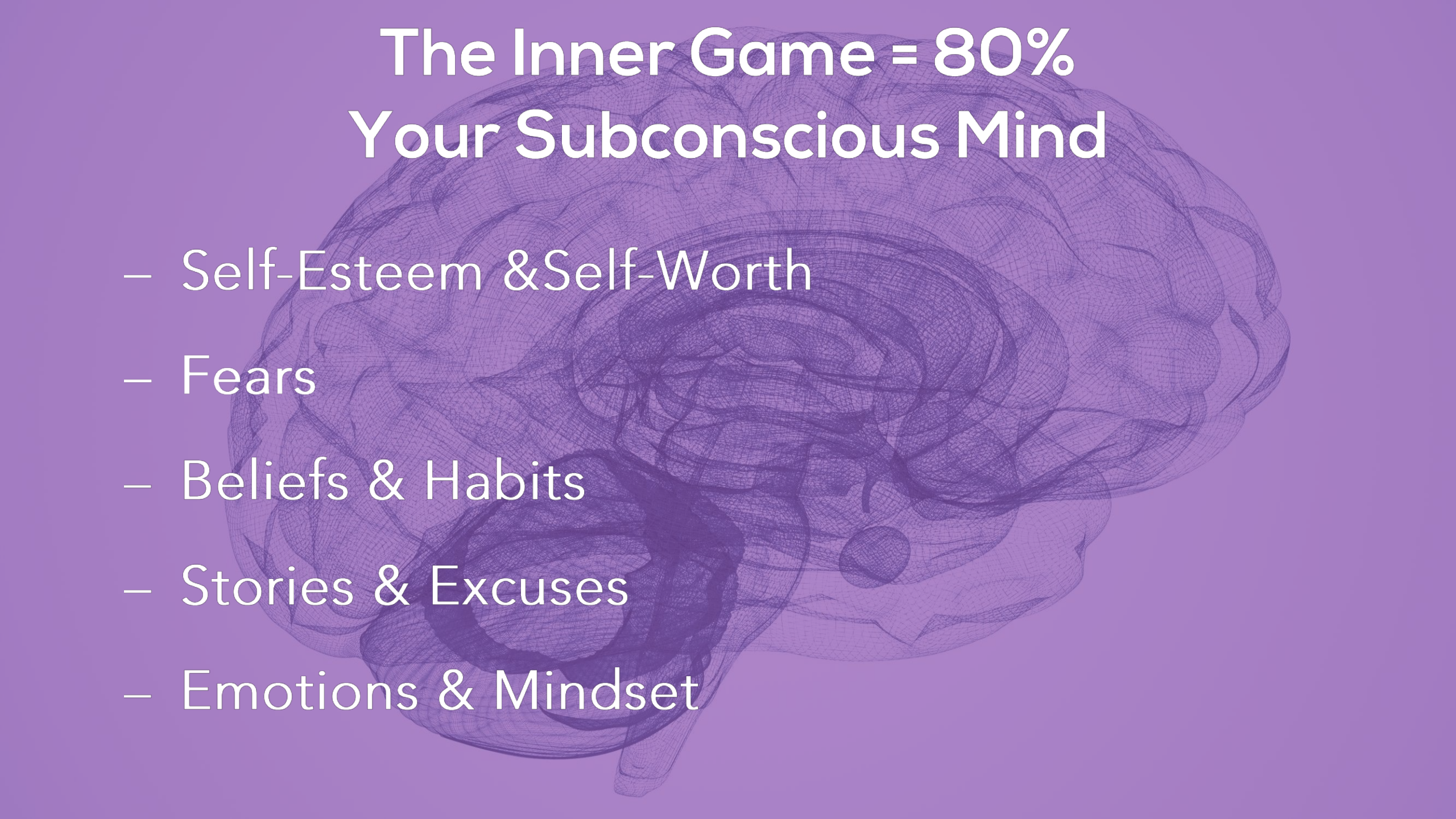
# The Fear-Stress Circuit Gets Activated



# 7 Ways You Can You Tell If There Is Subconscious Interference

1. You procrastinate and waste lots of time
2. You consistently start and stop taking inspired action
3. You have self-doubt and lack confidence in yourself
4. You sabotage your success even when you make progress
5. You have the skillset yet feel paralyzed and don't act
6. Despite having knowledge and skill, fear holds you back
7. You keep achieving the same results over and over again

# The Inner Game = 80%
# Your Subconscious Mind



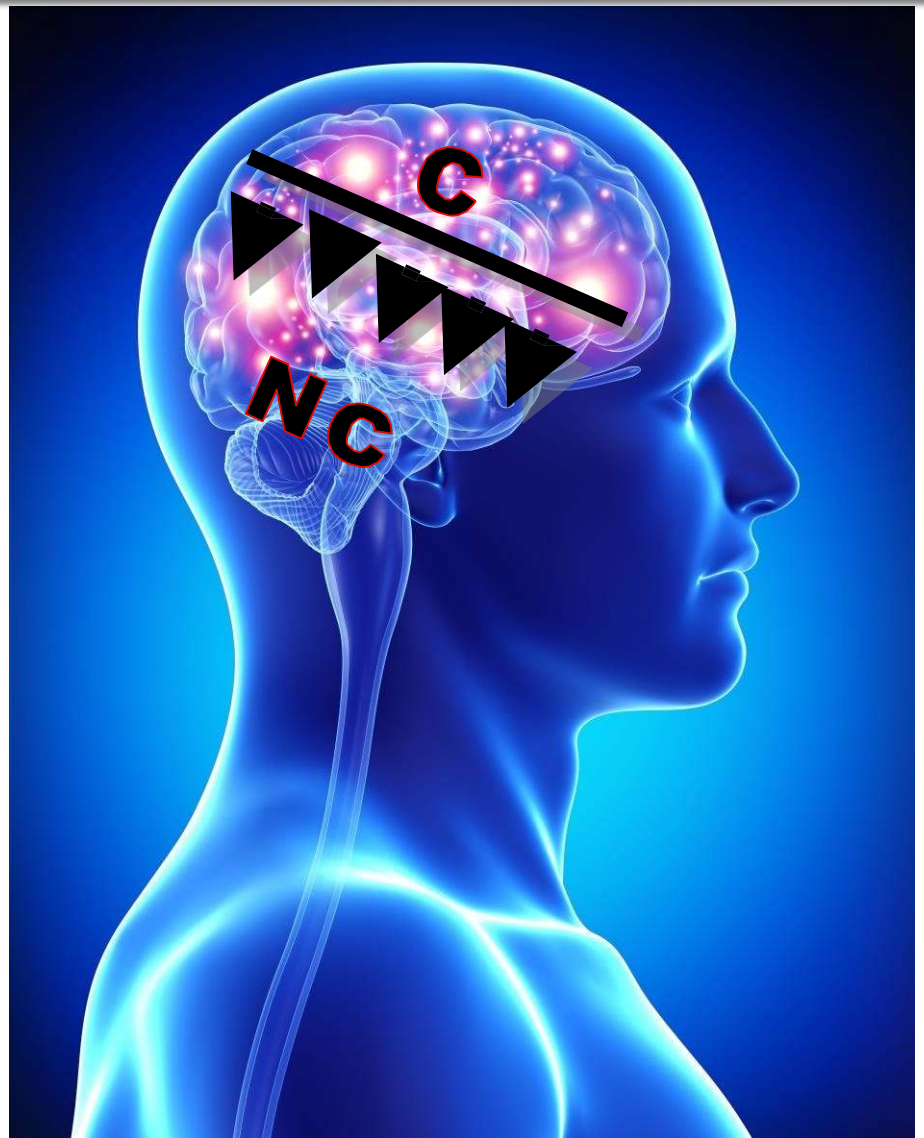
- Self-Esteem &Self-Worth
- Fears
- Beliefs & Habits
- Stories & Excuses
- Emotions & Mindset

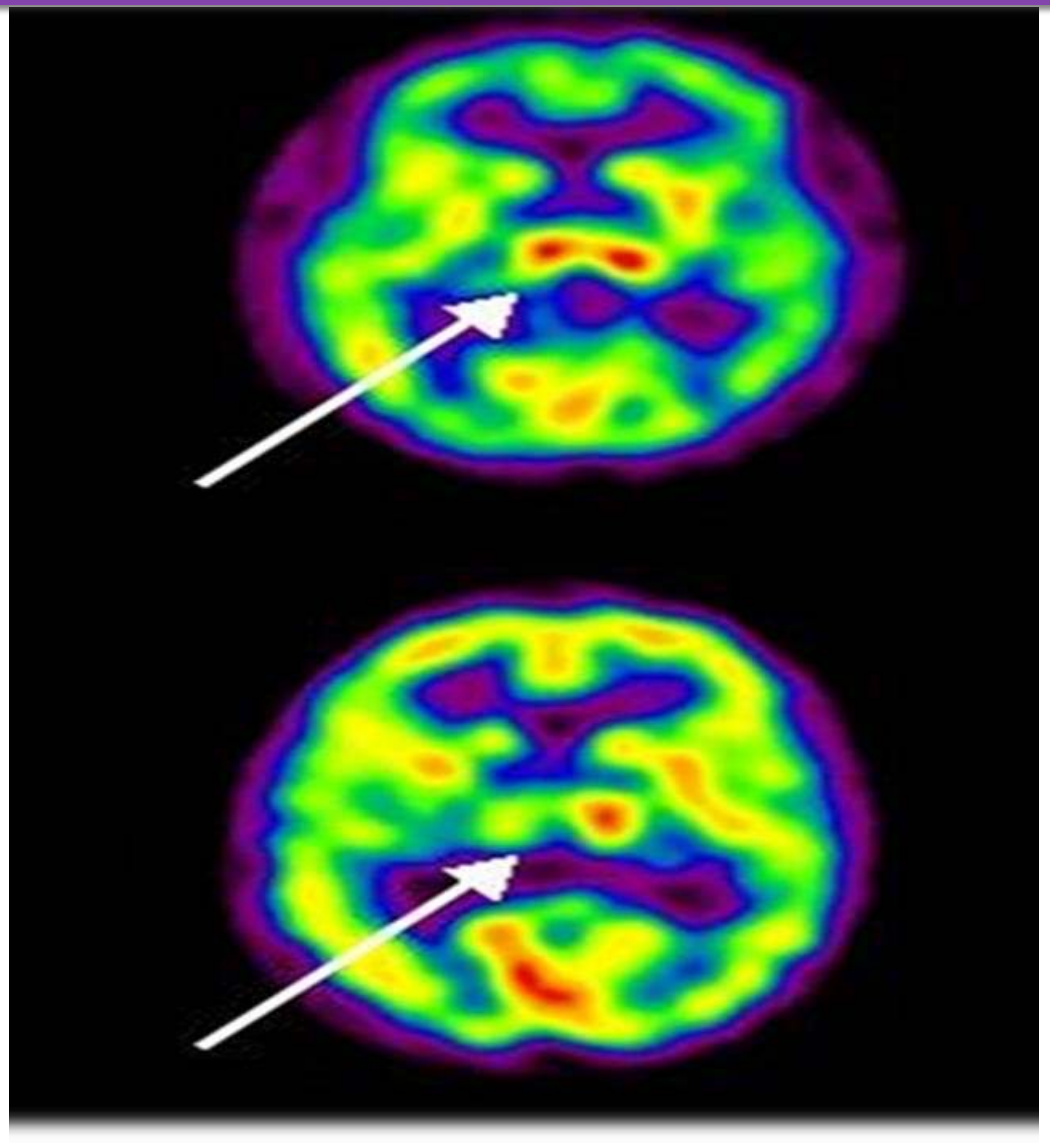
# In Order To Achieve Your Financial Goals And Life Success You Want...Here Is What You MUST Do

- Determine specifically what subconscious blockages are holding you hostage
- Upgrade your knowledge and skills on how to manage your disempowering emotions and habits better
- Upgrade your brain to have more empowering Beliefs and a Mindset  to win the game of money

For support, join in group or individual sessions with me
Email at aneta.natova@leadfitglobal.org or call +359886600422

# Create Neural Coherence



# Aligning Conscious And Subconscious Brain



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